

Travel The World With Your Taste Buds

► Chef Howell brings Taste of Nova Scotia to Ottawa Travel and Vacation Show

This weekend the Ottawa Travel and Vacation Show returns to the Aberdeen Pavillion at Lansdowne Park. The largest travel show in Eastern Canada sets itself apart from the others with its culinary program. As you tour the booths from across Canada and the world, you'll also get the opportunity to sample great food.

A few years ago, operators Robert and Halina Player introduced a bit of culinary flair into their event and it really added to the atmosphere of the show. "Taste is such an important component of someone's travel experience. When you go away you may see the beautiful views, but many memories involve the food, the wine, the tastes," says Halina Player.

One of the highlights of the show will be presentations from Chef Michael Howell, a very talented Chef from Nova Scotia, who will be demonstrating his craft and sampling wonderful seafood dishes. Howell is the proprietor of Tempest Restaurant in Wolfville, Nova Scotia. Howell has worked in Chicago, Toronto, Detroit, Boston, New York and the Bahamas. Chef Howell has twice been invited to cook at the prestigious James Beard Foundation in New York City. He'll be bringing a Taste of Nova Scotia to the Travel and Vacation Show.

ROBIN DUETTA



► Chef Michael Howell

6th Annual Balderdash Ball



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It's the sixth anniversary for the lively Balderdash Ball with the popular Fools, Fables Contest taking place this Saturday at the Ukrainian Hall. Jazz music will be heard through dinner performed by Canterbury High

music students. Three storytellers, Peter Tilley of the Ottawa Food Bank, Rita Chelli, host of CBC radio and Constable Abdi of the Ottawa Police will perform and the audience can help choose the winning fable. There is a silent auction and a live auction lead by the Honourary Chair and

auctioneer Dave Smith. Dancing follows to the music of the Band Conspiracy. All proceeds go to the Children's Village and the Debra Dynes Family House.
What: Balderdash Ball
When: Saturday April 2
Where: Ukrainian Hall, 1000 Byron Ave.
Price: \$75

Signature Plates served with Greek Salad, Roasted Potato, Rice and Tzatziki. Starting at **\$8.95**

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Saturday & Sunday April 2 & 3
Admission \$8

- Saturday 10AM - 5PM
- Sunday 10AM - 5PM

Lansdowne Park

60+ Seniors
FREE SATURDAY
Children under 12
FREE